

SUPPORTING VETERANS AND THEIR FAMILIES

CARING FOR CANBERRA'S VETERANS AND THEIR FAMILIES

Canberra should be a city where everyone has equal opportunities in life, no matter your background, ability, career, income or postcode.

But veterans and their families face unique challenges. They can face health and mental health problems, higher rates of suicide and disability, and problems finding the services they need.

The ACT Greens will improve services for veterans and their families. Our plan will help to connect veterans and their families to services, and ensure those services meet their needs.

THE ACT GREENS WILL:

- ▲ Help newly arrived veterans find the support they need
- ▲ Provide better access to new, cutting-edge mental health treatments
- ▲ Fully support and implement the Veterans Wellbeing Framework.

BETTER SUPPORT FOR VETERANS AND THEIR FAMILIES

CONNECTING NEWLY ARRIVED VETERANS WITH THE SUPPORT THEY NEED

Moving to a new city can bring challenges. It can be difficult for veterans and their families to know what support is available for them, and those who are struggling can face even tougher barriers.

The ACT Greens will produce resources that help veterans and their families find the services they need. This can include health and mental health care, social services, education and training, and job opportunities in ACT Government.

This is a small step, but one that will lead to better connections for veterans and their families as they settle into Canberra and make it their home.

WHAT'S THE INVESTMENT?

- \$300,000 for print and online resources.

BETTER ACCESS TO NEW MENTAL HEALTH TREATMENTS

Veterans make unique sacrifices, and they face unique challenges. As they transition into civilian life, some find that

standard mental health treatments don't work for them.

That's why the ACT Greens want to make it easier to get innovative treatments for conditions like Post Traumatic Stress Disorder, anxiety and depression. Extending new treatments to veterans first will help the ACT develop new models of care and build the skills to help everyone, and allow us to innovate new treatment options.

New treatments include therapy combined with better access to medications like MDMA, psilocybin and ketamine. Working with the Federal Government, we will lower wait times and costs for veterans, and we will build the models and skills to offer these treatments to more Canberrans.

WHAT'S THE INVESTMENT?

- Funded from existing resources.

SUPPORTING THE VETERANS WELLBEING FRAMEWORK

The ACT Greens will fully support and implement the Veterans Wellbeing Framework, expected in 2025. We will take all of the actions that ACT veterans and their families tell us we need to take to respond to the Veterans Royal Commission.

From our discussions with veterans and their families over the past term with a Greens Minister for Veterans, we know those actions are likely to include changes to the way we deliver health, education, and family services; better

communication and navigation of services; and more employment pathways for veterans.

WHAT'S THE INVESTMENT?

- Funded from existing resources.