# MENTAL HEALTH POLICY



## **PRINCIPLES**

#### The Victorian Greens believe that:

- 1. That people who experience mental illness should live free from stigma and discrimination, with maximum opportunities for inclusion in society.
- 2. In developing social environments that promote mental health.
- 3. That public mental health services must be fully funded, enabling timely high-quality intervention in mental illness in people of all ages.
- 4. That mental health therapies should be evidence-based and cost-effective. The government should encourage the development of the evidence-base across the range of psychological, social and biological interventions and support ongoing evaluation of established services.

### **AIMS**

#### The Australian Greens Victoria will work towards:

- Increased resources and protected funding, resulting in improved access and reduced waiting times for community mental health programs and clinical services.
- Increased availability of mental health beds across Victoria, including respite and Prevention and Recovery Care Service beds.
- 3. Improved admission processes for the mentally ill within emergency departments.
- 4. Greater equality of service provision between geographical areas and planning to meet need in areas where the population is growing.
- Improved mental health services for groups with special needs including new parents, families, adolescents, elderly, intellectually disabled and people with drug or alcohol dependence.
- 6. Measures to increase recruitment and retention of the mental health workforce.
- 7. Improved mental health education for staff and access to clinical services for education facilities, prisons, police stations and immigration detention centres.

- 8. Training for police and correctional officers in mental health crisis intervention techniques.
- 9. Use of Community Treatment Orders as an alternative to episodic hospitalisation, where less restrictive measures are likely to be ineffective.
- Protection of the human/civil rights of people experiencing mental illness including protection of inpatients from physical and sexual abuse.
- 11. Affordable accommodation solutions for people with ongoing mental illness, to address their high rate of homelessness and incarceration, and supported accommodation for those requiring ongoing supervision.
- 12. Employment programs and job opportunities for people with a history of mental illness and an end to the requirement that job applicants disclose current or past mental illness unless it can be demonstrated to be relevant to the position.
- 13. Improved communication between mental health services and other members of the healthcare team.
- 14. More government support for carers of people with a mental illness, including respite programs, supporting ageing carers and improving funding for care packages.